




LET GO[!]

2026

When Adults Step Back, Young People Step Forward

 November 3, 2026 | 8:00 a.m. – 3:00 p.m.

 Fawcett Center at The Ohio State University




Schools, families, coaches, and communities are asking the same urgent question:

How do we help young people develop greater confidence, responsibility, initiative, and ownership over their lives?

The Let Go event explores a powerful idea:

Youth grow stronger when adults create more space for them to lead, decide, struggle, contribute, and thrive.

“ Human development thrives less through constant supervision and other-directed instruction, and more through self-directed or co-designed action and reflection. ”


This dynamic day-long experience will examine that idea through five compelling human development perspectives:

- Parent Perspective
- Athletic Perspective
- Marginalized Population Perspective
- Student Perspective
- Conflict Resolver Perspective



Featured Perspectives



Parent Perspective

Featuring Ned Johnson,
Co-Author of *The Self-Driven Child*

One of the nation's leading voices on intrinsic motivation, resilience and youth wellness.

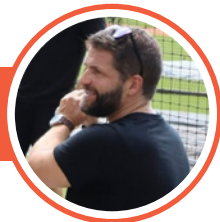


Marginalized Population Perspective



Featuring Brittany Morton
from Homeboy Industries

Exploring how trust, belonging, compassion, and autonomy help people reclaim authorship over their lives.



Athletic Perspective

Featuring Rob Gray

Expert on the Constraints-Led Approach to athletic development and how environments, not constant instruction, develop adaptable, high-performing learners and athletes.



Student Perspective

High school students from
districts across Central Ohio

Sharing firsthand experiences about autonomy, voice, ownership, and what truly helps young people grow.



Conflict Resolver Perspective

Featuring AJ Crabill

A Senior Coach at Effective School Boards and national expert at student-led restorative practices. Author of *Great On Their Behalf* and *Our Tools They Deserve*.



What to Expect



Morning Experience

Registration, opening remarks, and two rounds of breakout sessions exploring the “Let Go” philosophy through five perspectives: student, parenting, coaching, at-risk youth support, and conflict resolution. Participants will choose two of these five perspective sessions to attend during the morning session.



Midday Reflection & Processing

A working lunch in mixed groups across districts, roles, and students to reflect on the morning learning and discuss emerging implications.



Afternoon Application & Closing

District and organizational teams explore practical implications for education, athletics, school culture, and family communication, with guest speakers available for roaming consultation and discussion with teams.

Registration Pricing

The registration fee scale recognizes price reductions in proportion to purchase quantities.



For registration, please go to: learninspired.org/events

Registrants will be asked to rank their preferred areas of learning across the five perspectives.

REGISTRATIONS	TOTAL COST	COST PER TICKET
1 Registration	\$240	\$240
5 Registration	\$1,150	\$230
10 Registration	\$2,200	\$220
20 Registration	\$4,200	\$210
25 Registration	\$5,000	\$200